



THE CALVARY COURIER **SPECIAL EDITION MAY 2020**
A NEWSLETTER OF THE MT. CALVARY BAPTIST CHURCH OF PALM COAST, FLORIDA
Bringing Information and Inspiration to the Mt. Calvary Family and Community

**SPECIAL
EDITION**

**MAY
2020**

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HOLD ON - HELP IS ON THE WAY! - PSALM 27:1-6 (Read with your Bible)

*It has been stated that, as we go through this maze called life, we cannot control the circumstances we face. But we can decide how we will respond and will react to those situations that are clearly beyond our control. And, one of the many bonuses that we, as believers, have in Jesus Christ, is that no matter how high the mountain.....No matter how deep the valley, No matter how traumatic the trial.....no matter how disappointing the diagnosis, we know that in the end, **We Win.***

*Because God Is Our Father, Jesus Christ is our Saviour and the Holy Spirit is our comforter, we already know how the story is going to end....we will experience the VICTORY. And, with that assurance.....I want to encourage you to **“Hold on! Help is on the way!”***

*Only those who have faith in the Lord are able to face the troubles of life with praise in their heart. **Psalm 27** shows us that David had great faith in the Lord. Many of the Psalms have inscriptions that give us some insight into the circumstances surrounding that specific Psalm. For example: We are told that **Psalm 3** is a "Psalm of David, when he fled from Absalom his son;" **Psalm 34** is when he changed his behavior before Abimelech." **Psalm 51** was penned by David after "Nathan the prophet came unto him, after he had sinned with Bathsheba;" and in **Psalm 57** David “fled from Saul in the cave.” David faced many battles in his life: He fled from his own son Absalom. He endured many battles against the Philistines, and he suffered greatly as a result of his own sin.*

Psalm 27** is one of those Psalms that is simply titled "A Psalm of David." We know that David was facing some great difficulties at this point in his life, but we are not told the specific circumstances that prompted this prayer. In this Psalm, David refers to the trouble he was facing because of his enemies. He speaks of false witnesses and those who were "violent men." David was in the midst of an intense attack, but even with trouble all around him, David had great confidence in the Lord, and he was able to praise the Lord even in the midst of such difficulty. David was filled with praise, thanksgiving, and adoration for all God had done in his life. I want to look at how David responded to the troubles in his life and consider, **"How To Have Praise On Difficult Days."

- There are at least 4 things David teaches us about how to deal with difficult days. We must:

- I. **COMPREHEND THE PERSONALITY OF GOD!** David was a man who walked with the Lord. He is described as “a man after God’s own heart.” The longer you know someone, and the more time you spend with them, the more you will learn about their personality. Likewise, the longer you walk with the Lord, and the more time you spend with Him, the more you will learn about Him. When you have confidence in the Lord, you will be able to trust Him, even as you navigate through the vicissitudes of life....Continued on page 2

*In His Service,
Edwin Coffie, Pastor*

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Reverend Edwin Coffie, M.Div., Pastor

Read what David declares about the personality of God in verses 1-3. Though trouble surrounded David, he knew he was not in darkness because the Lord was His light. Though danger was all around Him, David knew that the Lord was his “salvation” and would deliver him from his enemies. The Lord had delivered him in the past, and he was confident that God would deliver him from his current situation, as well as in the future. We who are saved have already been delivered from our sins; we have confidence in Him because **He is our Light and our Salvation**. John 1: 4,9 attests to this fact. Not only is Jesus our light and our salvation, He is “the strength of our life.” David was known as being a great warrior; he slew the giant Goliath and was victorious against the Philistines. Even with his skill and personal abilities, David looked to the Lord as “the strength of his life.”

I believe that was the secret to David’s success in battle. Though he was skilled and strong, he trusted in the Lord to secure victory. Read what David said to Goliath just before he slew him in I Samuel 17:45. David faced what most would call unbeatable odds, yet he was victorious because he trusted in the Lord. We should also look to the Lord to secure the victory in the battles we face. We are tempted to look everywhere else for strength in the battle – to earthly resources, to friends, to ourselves. We trust in our own strength rather than trusting in the Lord. This is why we are so often defeated. David knew that God was far stronger than he and his enemies. And the great blessing was that God was on his side! In verse 1, David says, “of whom shall I be afraid?” There was no reason for David to fear his enemies or his circumstances because the Lord was on his side. The Lord was his light, his salvation, his shield and his strength! We can trust in Him for these very same reasons! If we can ever grasp these truths, we can confidently face any storm, any valley, or any battle that we face in this life.

- How can we hold on? Start by comprehending the personality of God. We will see that we must:

II. SEEK THE PRESENCE OF GOD! As in Verse 4, David did not just live off past victories, and just spend his time reflecting on what God had done for him. He continued to seek the Lord. He said, “I will seek after (the Lord) that I may

dwell in His house all the days of my life.” As a result of past experiences, David knew just how sweet it was to fellowship with the Lord. It is comforting to know that we can trust Him to protect us in the midst of the storm. It is very encouraging to know that we can trust Him to conquer our enemies and secure victory in the battle. However, we don’t have to wait until our world is falling apart to seek the Lord. In fact, we should have the desire to seek Him and to experience His presence all the days of our lives!

In this passage, David indicates that he desired to live in the tabernacle itself, so that he could be surrounded by the presence of God daily. He states that his desire was to “behold the beauty of the LORD”. Understand, he was not referring to the glory of the Temple, for it did not yet exist. At this point in time, Israel’s Temple was the Tabernacle which was little more than a tent. This proves that it was not an earthly structure, nor its contents, which David longed for. It was the beauty of the Lord that he was fascinated with. He longed for the sweetness of the Lord’s presence. Even though David had a wonderful relationship with Him, he wanted to know more about Him. That is the way it should be for all of us who belong to Him. David also states that he wanted to “enquire in his temple.”

He knew that when he was in the presence of the Lord, he could make his requests known unto Him. And that is exactly what he does in the latter part of this Psalm, verses 7-14. In order to successfully make your requests known unto the Lord, you must seek His presence. When you comprehend the personality of God and seek the presence of God, you will then be able to:

III. REST IN THE PROTECTION OF GOD – Verses 5-6. Here, David reveals one of the many blessings of seeking the Lord with all your heart. He confidently states that “in the midst of trouble, God would hide Him in His pavilion.” There is no indication anywhere in the Bible that God’s children will be exempt from trouble in this life. But, when we walk with the Lord, we can trust Him to protect us, even in the worst of times. David proclaimed this in many of his Psalms. Read the following: [Psalm 46:11](#); [Psalm 59:16](#); and [Psalm 62:7](#).

When it is dark, **HE IS OUR LIGHT!** When we are weak, **HE IS OUR STRENGTH!** When the fiery darts of the wicked come our way, **HE IS**

OUR SHIELD! When the enemy pursues us, **HE IS OUR REFUGE!!** When a plethora of problems befall us, He is there to lead, guide, and protect us. As Children of God, we can claim these promises that David spoke of in these verses. We can say "The LORD is our light and our salvation." We have no need to fear anyone or anything in this life. "The LORD is the strength of our lives." When our enemies come upon us, they will stumble and fall. We have the opportunity to "dwell in the house of the Lord all the days of our lives." We are able to "behold the beauty of the Lord." We are able to "enquire of Him" and make our requests known. In times of trouble, He is our refuge. We can trust Him to hide us and protect us. He will "set our feet upon a rock," and He will "lift up our heads," even on the most difficult days. Finally, therefore, we must:

IV. GIVE PERPETUAL PRAISE TO OUR GOD. In order for us to have this confidence, claim these promises and experience these blessings, we must do as David did, and "seek the Lord." Rest in his protection, and if we comprehend his personality, we will be able to offer **PERPETUAL PRAISE TO OUR GOD!** - vs 6! It is imperative that we understand that our praise should not be seasonal or situational. I sincerely hope that none of us are guilty of being what I call "a good time praiser." I am an avid fisherman and I have discovered that a bell buoy rings only during storms. The beating of the waves and wind bring out the music that is within it. So, too, do trials reveal what is inside each of us. As quiet as it's kept, that ole Baptist preacher that raised me would often say, "What you do... will always speak louder than what you say...." As Good as God has been to us, we owe him **Perpetual Praise.** For every mountain he's brought us over, for every valley he's brought us through, for every toxic relationship he's delivered us from, we owe him perpetual praise. For every mishap, misstep and, yes, mistake we made that knocked us down but did not take us out because the Lord rescued us, we owe him **Perpetual Praise.** With **Perpetual, Unconditional Praise,** let's say it like this: If the Lord doesn't do anything else, He's already done enough. As children of the Most High, we inherit the long term benefits that are ours; eternal life with our Lord and Saviour in a place that will be void of viruses. Glory, Hallelujah! Bless His name!



My Favorite Flower *"My Mother"*

Submitted by Sister Anne Phillips

A mother is like a beautiful flower,
In and out of season, she will bloom,
Her petals will stand strong,
nourished by her stems,
Carrying the Living Water, provided
by You.

A petal that represents each child,
With such tenderness, all you can do
is smile.

A petal for all her hard work, willing
to take a stand,

A petal that represents God, and
not man.



Her majestic stem, as her neck,
Holding her petals proud.
With leaves standing wide, showing
her pride,
Surrounded with love, and God by her
side.

Loving its unsung beauty, like no
other
Springing buds of no particular color.
Never forget the sacrifices she made.
To mold you and define you each day.

The rain will fall, and keep her tall,
Always ready to please when called.
Her color is a thing of beauty,
Bringing happiness is her duty.

Bless our mothers, for they will fade,
Like a flower, their petals will fall,
But her beauty will stand tall,
And life will still go on for all.

Happy Mother's Day

Health Corner April 2020

CORONAVIRUS

What you Need to Know

Submitted by Sister Toni Blount

The COVID-19 (Coronavirus) is a new virus that originated in China in December 2019 that can cause respiratory illness in humans. While there are currently limited cases in the U.S. illnesses have ranged from mild symptoms to severe. The most common symptoms include the following and are similar to the common cold and flu:

- *Fever*
- *Dry Cough*
- *Shortness of breath*
- *Fatigue*
- *Sputum Production (thick mucus coughed up from the lungs)*

Most people infected with COVID-19 have mild disease and recover. Know the facts before you mask.

- *The worldwide supply of masks is limited. It's critical that we use them appropriately.*

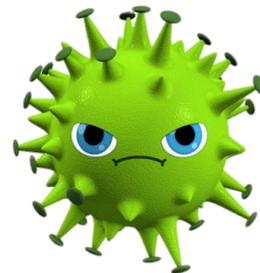
Prevention & Treatment

Follow these steps to help prevent spread of any respiratory illness

- *Wash your hands often with soap and water—Alcohol based hand cleaners work too*
- *Cover your nose and mouth with a tissue when you cough or sneeze—throw it away immediately after you use it*
- *Cough or sneeze into your upper sleeve if you don't have a tissue*
- *Avoid close contact with people who are sick (use the 3' rule—stay at least 3 feet away from people who are sick)*
- *Try not to touch your eyes, nose or mouth—Germs often spread this way*

General Information about the COVID-19

[U.S. Centers for Disease Control Website](#)
[VA Public Health Website](#)



HAPPY BIRTHDAY!!

May 2020

Submitted By Sister Maxine Moore
Scripture: Honor your father and mother so that you may live long in the land...Exodus 20:12



Submitted by Sister Michelle Johnson
*Denotes Youth

Congratulations, it's the month of May, and you will celebrate another birthday. Please remember to thank God for your special day. But no matter what you do, remember your mother. The month of May is not just for you but for our mothers. What an awesome gift that God has blessed us with; what a jewel to have a mother! If it's possible, let her know how grateful you are. Or, look up to heaven and tell her. Enjoy your special day, your birthday, and enjoy your beautiful mother or the memories of her. And thank God for your beautiful gifts.

*Happy Birthday!
Happy Mother's Day, Mom!
Love of Jesus,
Sister Maxine Moore,
Sunshine Care Ministry*

Your flower for the month is lily of the valley.

Your birthstone for the month is emerald.

- | | |
|------------------------|-------------------|
| Henry Simon Sr. | Alice Reed |
| Edward Brown, Jr. | Jaidan Carter* |
| Chace Harris* | Jaidan Carter* |
| Susie Clements | Carl Jones |
| Diana King | Margie Arthur |
| Nizeir Coles | Adrianna Boggs* |
| Yvette Urquhart | Urita Hodge |
| Valerie Betts | Claudia Cannady |
| Sylena Sweeney | Victoria Daley |
| Christopher Cole* | Adrienne Betts |
| Makayla Jenkins* | Janice Stephenson |
| Holsey Moorman | Jeanne Richardson |
| Nathaniel Mason | Gloria McNeal |
| Ameice Jenkins | Yumalik Carey |
| Peggy Aleem | Carolyn Boswell |
| Rev. Ruby Thomas | Terri Thompson |
| Phyllis Akinrele | Joan White |
| La'Vonne Curtain | Nizeir Coles |
| Joshua Harris | Rose Reese |
| Sumpter Flakes | |
| Myra Middleton | Valentine |
| P. Michelle Johnson | |
| Thomas Joseph, Sr. | |
| Sharlene Jackson-Smith | |

Kidz Korner



**No Matter what crown she wears,
my mom is:**

Compassionate **KIND**
Hardworking **Devoted**
Nurturing **Inspirational**
STRONG MOTHER **XO**
Beautiful **Fearless**
Funny **Supportive**
Amazing **Superwoman**
Thoughtful **MY FRIEND**
Happy Mother's Day Mom!



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**Deadline for submitting articles for the
February edition is May 15th:
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Attention Mt Calvary Family &
Friends, Please follow & like us on
Facebook at:

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*"Mt. Calvary proposes to provide current
and accurate information in its monthly
newsletter. However, we shall not be held
liable for any losses related to, or caused
by the reader's reliance on information
provided herein.*